

My Epilepsy Care Team



Many people work together to manage your epilepsy. Who becomes part of your Epilepsy Care Team will depend on your needs.

We describe below who may be part of your Epilepsy Care Team. You may not need to see all of these team members. Check off who is a member of your Epilepsy Care Team and write down their names.

Neurologist

A doctor who has had extra training in the care of patients with neurological (brain and nervous system) problems. An Epileptologist is a neurologist who has had extra training in epilepsy care and has a special focus on the care of patients who have seizures. The neurologist is responsible for epilepsy medical care.

My neurologist is

Dr. _____

Primary Care Doctor

A doctor who is responsible for your overall medical care and is usually a paediatrician or a family doctor. The neurologist or NP will share information about your epilepsy care with your primary care doctor. The neurologist or NP may also ask this doctor to arrange certain tests or work with the Epilepsy Team to manage your care.

My primary care doctor is

Dr. _____



Nurse Practitioner (NP)

A nurse who has extra education and training in providing some aspects of medical care to children such as diagnosing, ordering tests and prescribing medications. A NP may assess you and work with your neurologist to provide medical care in the clinic or in the Epilepsy Monitoring Unit (EMU). The NP may also be your main contact regarding your epilepsy.

My NP is

Neuropsychologist

A psychologist who assesses brain function. Neuropsychologists use a variety of tests to assess cognitive abilities such as speed of information processing, attention, memory, language and problem solving. They may recommend special strategies for dealing with learning difficulties. You may be referred to a neuropsychologist if you have learning problems associated with epilepsy or are being considered for epilepsy surgery.

My neuropsychologist is

Dr. _____

Epilepsy Clinic Nurse

A Registered Nurse who has special knowledge in providing care to children with epilepsy and their families. The nurse may assess your needs, help you find answers to your questions, teach you and your family about the special care you may need, and help you get the support you need. This nurse may also be your main contact when you or your family has new concerns about your epilepsy.

My epilepsy clinic nurse is



Dietitian

If you are prescribed the ketogenic diet to treat epilepsy, a dietitian will work with you, your family and the epilepsy care team to develop a special diet plan, monitor how the plan is working and change it as necessary. The dietitian will help you learn about the type and amount of food you must eat to treat your epilepsy.

My dietitian is

Clinical Nurse Specialist (CNS)

A nurse with extra education who teaches families about epilepsy care and resources, and works with other members of the epilepsy care team to ensure you get the services and support you need to manage your epilepsy. The CNS may be your main contact when you or your family has new concerns about your epilepsy.

My CNS is



Pharmacist

Pharmacists prepare and dispense the medicines used to treat your epilepsy. They also educate you about the medicines prescribed by your neurologist such as how to give it, when to give it, how to store it, possible side effects and whether any foods or other medicines can affect how well the medicine works.

My pharmacist is

Social Worker

A social worker can help you cope with difficulties that may arise as you learn to live with having epilepsy. They provide counseling and support for you and your family. Social workers can also put you in touch with community resources to help support you.

My social worker is



Psychiatrist

A doctor who has had extra training on how to treat mental health concerns. You may be referred to a psychiatrist if you are having problems with depression or anxiety that may be related to having epilepsy. Psychiatrists offer therapy and medications to manage mental health concerns.

My psychiatrist is

Dr. _____

Neurosurgeon

A doctor who has special training on how to do surgery on the brain and nervous system. You will be referred to a neurosurgeon if you are being considered for epilepsy surgery or insertion of a vagus nerve stimulator.

My neurosurgeon is

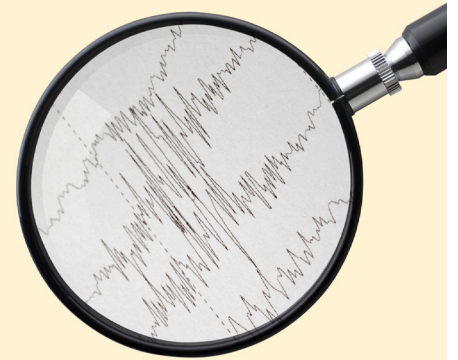
Dr. _____



Other people who are part of the Epilepsy Care Team are:

Epilepsy Fellows

Doctors who are trained neurologists and have come to SickKids to learn more about epilepsy care in children. They often work with your neurologist in assessing you and developing a medical plan of care. You may meet them in the clinic or in the Epilepsy Monitoring Unit.



EEG Technologists

The technologists use the electroencephalogram (EEG) machine to record electrical activity of the brain. They will work with you to make sure they get the best possible EEG recording.

Epilepsy Program Information Coordinator

The information coordinator arranges admissions to the Epilepsy Monitoring Unit and coordinates the tests needed when a child is being considered for epilepsy surgery.



Developed by the SickKids Comprehensive Epilepsy Program

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